



#### The Pension Factor

Assessing the Role of Defined Benefit Plans in Reducing Elder Hardships

by Frank Porell, Ph.D and Beth Almeida

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## Why We Did This Study

- Examine contribution of defined benefit (DB) pensions to the economic well-being of older Americans
- How much does income from DB pensions protect older Americans from ...
  - Poverty
  - Material hardships
  - Reliance on public assistance



## What We Found

- In 2006, income from DB pensions is associated with ...
  - 1.72 million fewer poor households and 2.97 million fewer "near poor" households
  - 560,000 fewer households experiencing a food hardship
  - 380,000 fewer households experiencing a shelter hardship
  - 320,000 fewer households experiencing a healthcare hardship
  - 1.35 million fewer households receiving means-tested public assistance, saving taxpayers \$7.3 billion

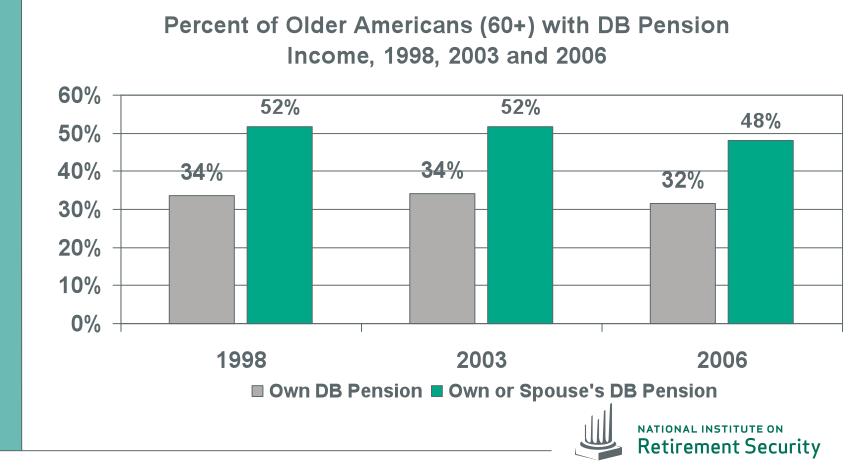


## Methodology: What We Did

- Analyzed 2006 data from the U.S. Census Bureau's Survey of Income Program Participation on 10,259 "older households" (head of household was age 60+)
- Descriptive statistics
  - Who has pension income and how much? How has this changed over time?
  - Who experiences poverty, hardships, and public assistance?
- Statistically isolate the effect pensions have on avoiding poverty, hardships, public assistance
- Calculate the effect of pensions in reducing poverty, hardships and public assistance, and associated savings



#### More Than 23 Million Older Americans Received DB Pension Income in 2006



## DB Pensions Still an Important Source of Income to Middle Class Retirees

DB Pension Income Received by Persons Age 60 or Older					
(from Own or Spouse's Former Employer)					
	# of Persons (millions)	% of Persons	Mean Pension Amount	Median Pension Amount	
All Households	48.6	48.2%	\$18,195	\$12,480	
Lowest Quintile	10.9	24.4%	\$4,782	\$3,283	
2 <sup>nd</sup> Quintile	12.7	49.7%	\$9,193	\$7,656	
3 <sup>rd</sup> Quintile	11.2	61.7%	\$17,493	\$15,600	
4 <sup>th</sup> Quintile	8.0	59.1%	\$28,769	\$27,950	
Highest Quintile	5.8	47.8%	\$35,335	\$30,574	
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Source: The Pension Factor, Table 2.

# DB Pension Receipt and Income by Gender and Race

DB Pension Income Received by Persons Age 60 or Older					
(from Own Former Employer Only)					
	# of Persons (millions)	% of Persons	Mean Pension Amount	Median Pension Amount	
All Persons	48.6	31.5%	\$15,784	\$11,467	
Gender					
Male	21.4	42.0%	\$18,040	\$13,509	
Female	27.2	23.3%	\$12,589	\$8,400	
Race/ethnicity					
Non-Hispanic White	39.1	32.7%	\$16,136	\$11,730	
Non-Hispanic Black	4.2	32.0%	\$13,857	\$9,592	
Other Race/Ethnicity	5.3	22.6%	\$14,225	\$10,629	
Retirement Security					

Source: The Pension Factor, Table 2.

## Spousal Benefits Shrink the Gender Gap in Pension Receipt and Income

DB Pension Income Received by Persons Age 60 or Older				
	Own Pension Only	Own Pension or Spouse's Pension		
% Receiving a Pension				
Female	23.3%	46.9%		
Male	42.0%	49.8%		
Gender Gap	-23.3%	- 2.9%		
Median Amount of Pension				
Female	\$8,400	\$11,664		
Male	<u>\$13,509</u>	<u>\$14,364</u>		
Gender Gap	-\$5,109	-\$2,700		

Source: The Pension Factor, Table 2.

Retirement Security

#### Households with Pension Income Less Likely to be Poor, "Near Poor"

% of Older Households with Incomes Exceeding Poverty Thresholds					
# of % of Households Classified as					
Households (millions)	Poor*	Near Poor**	Not Poor		
31.6	9.0%	25.5%	65.5%		
15.0	2.4%	16.2%	81.5%		
16.6	15.1%	33.9%	51.0%		
	# of Households (millions) 31.6 15.0	# of Households (millions)% of Ho Poor*31.69.0%15.02.4%	# of Households (millions)% of Households Class Poor*31.69.0%25.5%15.02.4%16.2%		

\*"Poor" is defined as income at or below the federal poverty line

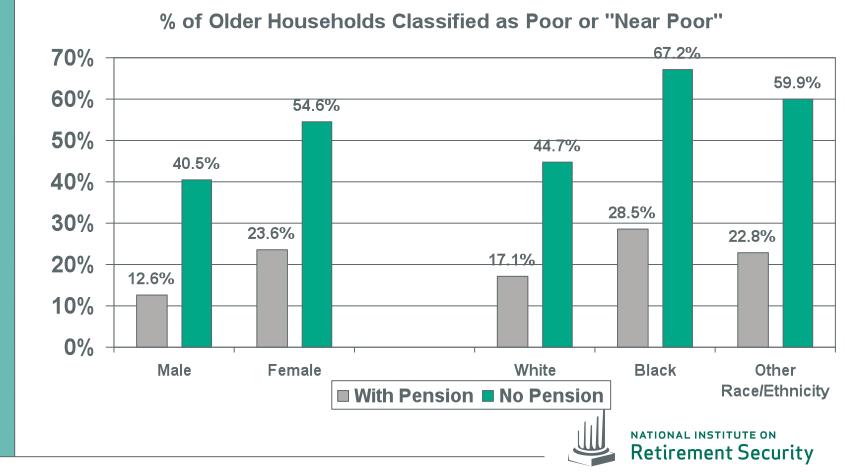
\*\*"Near poor" is defined as 2x the federal poverty line

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Source: The Pension Factor, Table 4.

## Gender and Race Gaps in Poverty Shrink Among Those with Pensions



Source: The Pension Factor, Table 4.

## Households with Pension Income Less Likely to Report Hardships

% of Older Households Reporting Hardships				
	# of Households (millions)	Food Insecurity Hardship*	One or More Shelter Hardships**	One or More Healthcare Hardships***
All Households	31.6	4.7%	4.6%	6.0%
Households with DB Pension Income	15.0	2.6%	2.4%	4.2%
Households with No DB Pension Income	16.6	6.7%	6.6%	7.8%

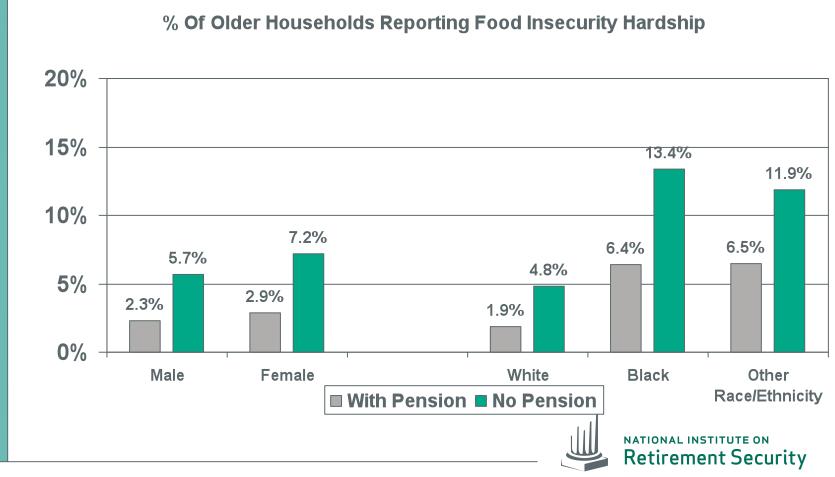
\*These include running out of food, skipping meals, eating less than needed, etc. \*\*Unable to pay full amount of rent, mortgage or utilities

\*\*\*In past year, did not see a doctor/dentist when there was a need to see one.

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Source: The Pension Factor, Table 5.

## Gender and Race Gaps in Hardships Shrink Among Those with Pensions



Source: The Pension Factor, Table 5.

## Households with Pension Income Less Likely to Receive Assistance

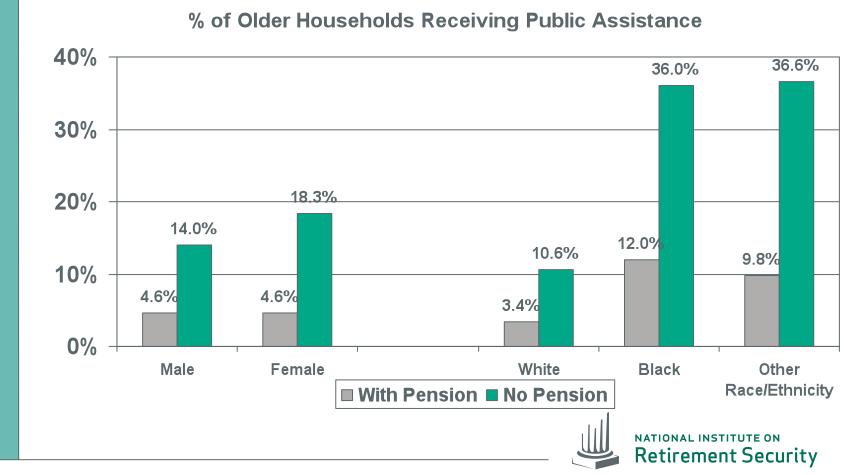
% of Older Households Receiving Public Assistance				
	# of Households (millions)	% with Public Assistance*	Mean Amount Received	Median Amount Received
All Households	31.6	10.9%	\$5,373	\$3,779
Households with DB Pension Income	15.0	4.6%	\$4,558	\$2,976
Households with No DB Pension Income	16.6	16.6%	\$5,578	\$3,890

\*Includes means-tested cash transfers (e.g. SSI, general assistance) and/or noncash assistance (e.g. food stamps, rent subsidies, energy assistance)



Source: The Pension Factor, Table 6.

## Gender and Race Gaps in Assistance Shrink Among Those with Pensions



Source: The Pension Factor, Table 6.

## **Isolating "The Pension Factor"**

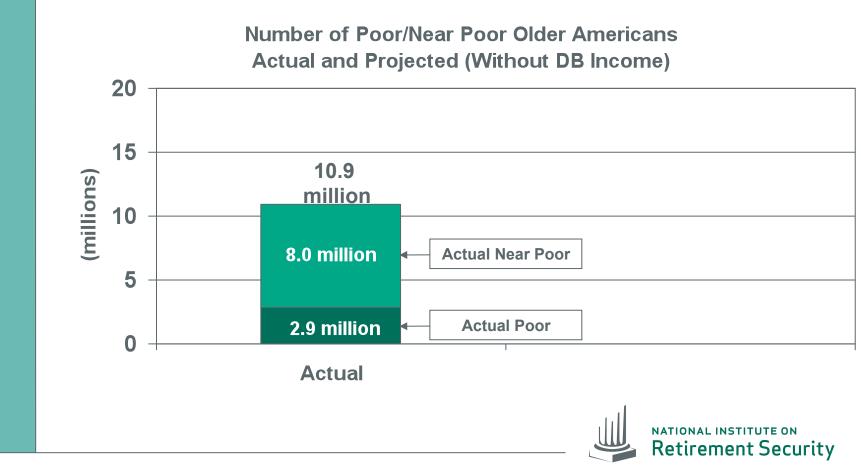
- How do we know that it is DB income (and not some other factor) that is enabling older households to avoid poverty, hardships, public assistance?
- Other factors like education, work history, preretirement income, age, gender, race, marital status, etc. could all play a role in whether an older household experiences poverty or hardship
- Solution: statistical model that controls for these sociodemographic characteristics



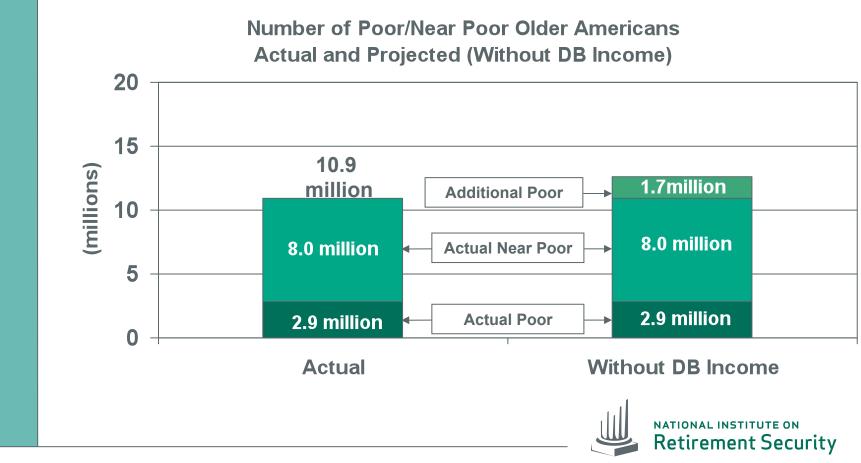
## **Statistical Approach**

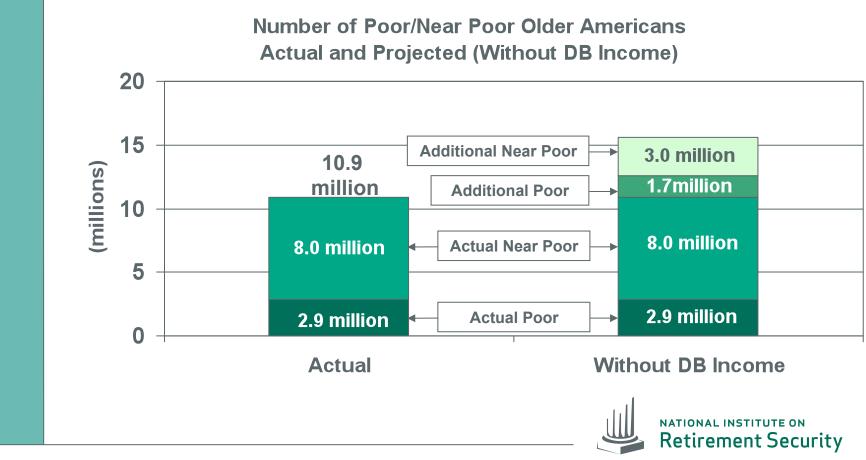
- Estimate models to derive predicted probabilities of whether a household experiences poverty, hardship, public assistance based on a range of sociodemographic factors, including whether household has DB pension, DC, and Social Security income.
- For each household with pension income, replaced its predicted probabilities with those of a household with the **same** socio-demographic factors but **no** DB pension income.
- Project how much poverty, hardships, public assistance increases as a result.

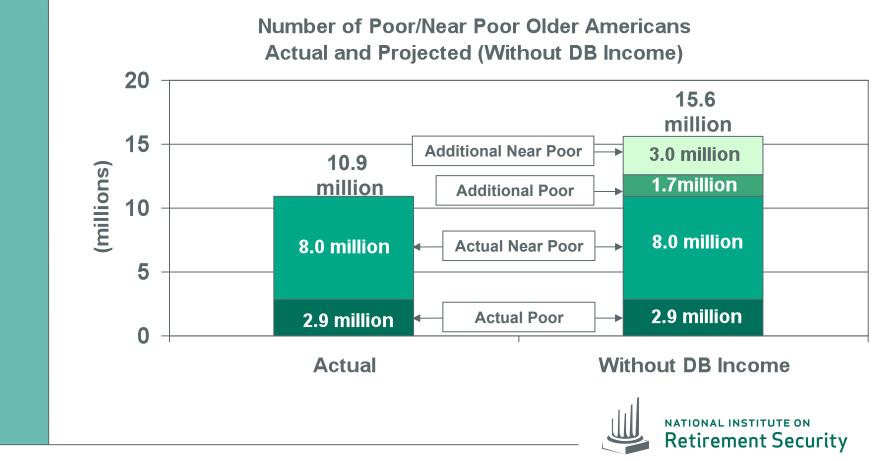
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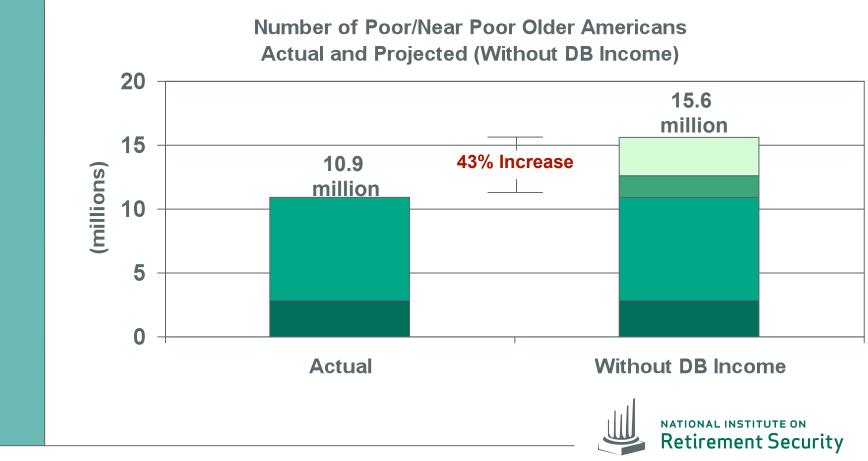


Source: The Pension Factor, Table 7.

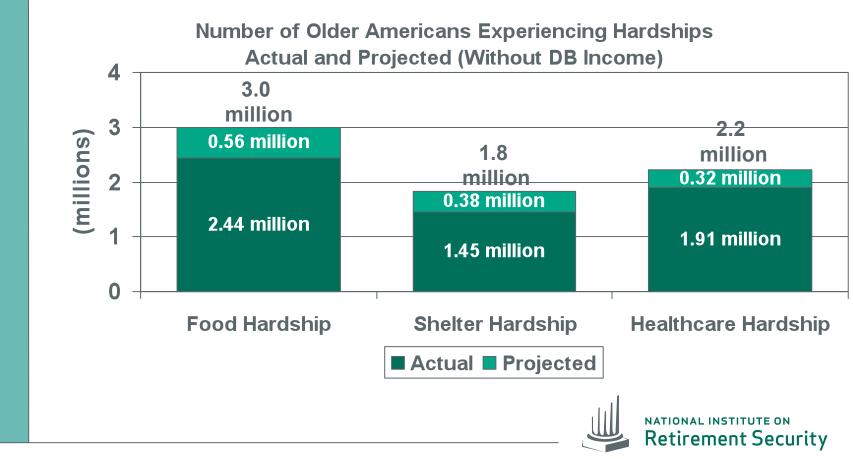






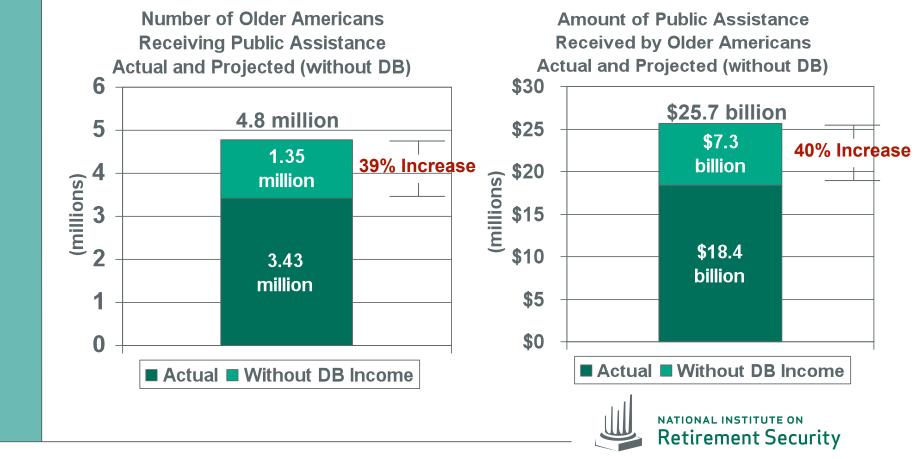


## DB Income Helps Large Numbers Avoid Hardships



Source: The Pension Factor, Table 8.

#### DB Income Helps Large Numbers Avoid Public Assistance



Source: The Pension Factor, Table 8.

## Conclusions

- In 2006, income from DB pensions is associated with ...
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## Conclusions

- Income from DB pensions significantly contributes to the well-being of older Americans
- DB plans seem to especially reduce risks for vulnerable populations women and minorities
- Elder poverty, material hardships and reliance on public assistance would be much greater in the absence of DB pension income







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